

**Substance Abuse Committee**  
**February 21, 2018**

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**Present:** Brian Hart, Jennifer Emery, Linda Waite, Megan Wise, Ellie Collins, Erin Doyle, Mary Vosburgh, Lisa Willson, Allison O'Dell, Kernalia Andrews, Joel Yager, John Alves, Jeanne Chapple.

**Excused:** Annheleen Smith

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**Minutes:**

Approved without changes

**Director of Community Services Report – Brian Hart**

- **3.25% Increase:** The Salvation Army and CASA-Trinity will be receiving a salary increase. This doesn't mean that each person will receive a 3.25% increase. The total amount will be about \$11,500.00. It is subject to what the Agencies want to do with it.
  
- **Local 507 Plan Development:** With the Mental Health Law every County has to submit a plan. It's supposed to drive the State Plan. It can be entered online and it's now one plan instead of three plans. The state agencies read it and may take samples of reports and note them in the state plan. We don't want to include everything in this plan, just the highest of priorities.

**Brain Storming:**

Transitional Housing and Female Housing – This includes Detox, inpatient/outpatient and supportive.

Increase Suboxone Subscriptions – up to 3 doses on the weekends and 1 dose during the week. A.O.M.C is doing a study on this.

Employment Opportunities – w/half way housing.

Licensed Detox for inpatient and outpatient.

Immediate access to inpatient care - we do not have same day access.

Address workflow needs – Trinity is busting at the seams and needs more space.

Additional funding for unlicensed housing, transitional housing, not real  $\frac{3}{4}$  housing. They need something different that a regular landlord statement that DSS uses. As this housing has supervision and mentoring.

Access to a psychiatrist via outpatient.

Inpatient dual diagnosis service unit – BSU/New Dawn – This can be done, need to know your program design. Try to find appropriate staffing leadership to make it happen. A.O.M.C. has applied for two grants – one is for the BSU dual diagnosis, and the other is for educational programs.

The Club House needs more community collaboration and partnerships. There are issues with being territorial. They have been given a new directive with no additional funding, which means they are now open six days a week, and on holidays and evenings.

More Comprehensive Aftercare Plans – offer all options in and out of the County. Is it realistic to return to the local community or go out of the area? Health Home Care Management – check on discharge planners on SOP. Trinity is under contract with the County and they have to tract those who are in and out of the County.

Children that are identified with problems – they can get outpatient through Trinity. But children can't choose – they have to go back to the same home, same school etc.

Expand Substance Abuse with Primary Care Provider. The need is there.

Jail Program –Trinity has been doing some work in the jails. Need a follow through program. There has been a push to get some discussion with politicians to ask for 12.8 million for upstate NY to help pay for substance abuse in the jails. This would amount to one full time employee in each jail.

Access to PEERS – Trinity has some PEERS – are they certified? Not sure. There are more people who are in recovery who want to stick around and help others. New Dawn has PEERS and they collaborate with Trinity and EPC. SARA has been working on an APP and media to help those who are seeking assistance. The numbers are dropping dramatically with overdoses. They are using other drugs instead of heroin/fentanyl.

Explore the use of local low frequency radio channels that have radio shows/pod casts on them that deal with addiction. Brian will message Scott Lowmaster.

At our March meeting we will go over this list as well as last year's list and vote on the top priorities.

### **Sharing by Community Members**

- **Renovation House:** This is located in Spencer NY. It is a year-long program and it is self-pay. You can get sponsors to help with the cost.

**The next meeting is scheduled for March 21, 2018.**